



BISHOP'S STORTFORD RUGBY CLUB EASTER RUGBY CAMP 2019

- WHEN:** Monday 8th, Tuesday 9th and Wednesday 10th April
- WHO:** Boys and Girls
- TIME:** Start 10:00am and finish at 15:00pm
- WHERE:** Bishop's Stortford Rugby Club
- FOOD:** Packed lunch, a snack and water bottle for the day
- KIT CHECK:** Rugby boots, Trainers, Gumshields, suitable training kit and a spare set of clothes
- COST:** £25 per day
- COURSE CONTENT:** Tackle/Tagging Technique, Handling, Evasion Games/ Gameplay, various other activities and lots of fun.

For further details please contact:

marcuscattell05@hotmail.com

or call **Marcus** on **07870 163675**

Or visit; www.bsrfc.co.uk

Application Form available online or by email.

Courses run by BSRFC 1st XV coaches.

